LAKEWOOD EPIC EVENT OF THE YEAR FOR BOYS AGES 8 & UP!







WELCOME TO RIDE4REGESH 2022!

Ride4regesh is a Bikeathon for boys ages 8-14 that benefits The Regesh Network.

In order to join the Ride4regesh Bikeathon, you'll need to register.

Three easy ways to register:

1. Call the hotline 1.833.R4R.BIKE (747.2453)

2. Ask a parent to go to Ride4regesh.com

3. Ask a parent to email r4rbike@gmail.com with your full name, address, grade, and goal amount.

→ Once you are registered, you can start raising money. A minimum of \$75 must be raised to join the event. *The more you raise, the better your prize!*

ightarrow You have until 1:00 PM on June 26th (the day of the event) to raise as much money as possible.

→ All riders that raised at least \$75 are invited, along with their families (girls up to age 10), to attend the R4R Bikeathon for the most EPIC event of the year!

→ Fill out the attached prize form and bring it with you to the event to redeem your prize. (If your prize is out of stock at the event, we will have it delivered to your house.)

→ If you will not be by the event, mail in the prize form to the address listed on the form by July 15th, and the prize will be delivered to your home.

Welcome to the R4R family!

ABOUT THE REGESH NETWORK:

The Regesh Network was founded in 2014 by HaRav Yehuda Jacobs גוצ״ל, Mashgiach at Beis Medrash Govoha. The Mashgiach saw a growing need for a helpline to assist members of the community struggling with sensitive issues. The Regesh Network is an anonymous helpline staffed with trained responders.

Callers are supported and guided by our staff and encouraged when appropriate to turn to their parents and Rebbeim for guidance. The responders are caring and non-judgmental and patiently provide a listening ear. Fielding over 6,000 calls a year, The Regesh Network fills a crucial role in our community.

The Mashgiach דצ״ל actively promoted the Ride4Regesh Campaign.

By joining this ride you will be directly helping boys and girls in need.

Ride4regesh Coordinators,

Rabbi Yudi Altusky Rabbi Naftoli Stern Rabbi Meyer Tesler

HOW DO I RAISE MONEY?

TIP #1 MAKE A CALL LIST!

Call everyone you know. Call your Bubbies, Zaidies, Aunts, Uncles, Cousins, Neighbors, Family, and Friends. Ask them to donate to your personal account by calling the hotline at 833.R4R.BIKE and pressing 0 to donate to your personal account by following the prompts. They can also donate to your account on Ride4regesh.com by donating to your name, or ask a parent to send them YOUR PERSONAL R4R LINK.

TIP #2 DON'T BE SHY!

Remember you are giving them the great zechus of helping out a very important cause. They are doing a big mitzvah AND SO ARE YOU!!

TIP #3 DON'T DELAY - START TODAY!

Pick up the phone and call the first name on your list! If no one picks up, leave a clear message with your name and why you called.

TIP #4 KEEP ON GOING!

Take a few minutes every night to make even one call. (Friday and Sunday are good days to call.)

TIP #5 GET HELP!

Ask your parents to send out the link associated with your account to their relatives and friends!

TIP #6 COLLECT CASH!

Collect cash by knocking on doors in your neighborhood, making a carnival and so many other ways....BE CREATIVE!



SAMPLE CONVERSATION:

R4R RIDER: Hi, Uncle Heshy? This is your favorite nephew Moshe Yechiel. Is now a good time for you to talk?

UNCLE HESHY: Yes, Moshe Yechiel, how can I help you?

R4R RIDER: I am iy"H joining this year's Ride4regesh bikeathon to help raise money for The Regesh Network, which helps boys and girls going through hard times. I'm trying to raise as much money as possible to help this great cause, and of course, to get an amazing prize. Can I count on you for a donation?

UNCLE HESHY: WOW! You're amazing! Of course, I would love to help you do such an amazing mitzvah and so much fun at the same time. I am so proud of you Moshe Yechiel! Keep up your great work!

R4R RIDER: Thank you. There are 3 ways to donate: You can call the hotline 833.R4R.BIKE (747.2453) and press 0 or I can ask my parents to send my link to you. You can also go to Ride4regesh.com and find my page by searching my name. Ma!!!! Can you please send my link to Uncle Heshy?! Thanks!

UNCLE HESHY: I will do that right away... GOOD LUCK and thank you for the zechus!

R4R RIDER: Shkoyach Uncle Heshy! Tizku l'mitzvos! Please send regards to cousin Avi!

HOW TO CREATE YOUR OWN R4R TEAM:

1. Register your team and create a team name by calling 833.R4R.BIKE or have a parent do it online at ride4regesh.com.

2. Get boys to join your team and help motivate them to raise a lot of money!

3. Lead your team to victory by raising the most money!

4. Any captain that gets his team to raise over **\$2000** will be honored at the event with a trophy! Additionally, any team that raises over \$2000 will be invited to join the **R4R EPIC URBAN AIR NIGHT** after the summer. (Call the hotline after the summer to hear the exact date and time.)

5. Winning Team: The team that raises the most money wins an EXCLUSIVE R4R POOLSIDE BBQ! (Date and time to be announced). Every member of the winning team will also be honored at the event with an R4R trophy!

PLEASE NOTE: Making a team is optional. There is a maximum of 25 boys per team. All final decisions of winners will be determined by the Regesh staff.

JOIN THE EPIC SKYZONE TRIP!

Any boy in 7th or 8th grade that collects a minimum of \$475, in addition to receiving an amazing prize from the booklet, will also be rewarded with an **EPIC NIGHT OUT AT SKYZONE** following the event! SkyZone will be rented out exclusively for R4R riders. Transportation to and from the event will be provided in the R4R Trolley. Raise a minimum of \$1,000 and get a **VIP RIDE HOME** in the R4R trolley!

PLEASE NOTE: WE STRONGLY RECOMMEND THAT ALL CASH & CHECKS COLLECTED BE BROUGHT IN BY 3:30 PM ON FRIDAY, JUNE 24TH. (Otherwise, you may have to wait in an extra-long line for registration and prize distribution...) Place your cash and checks into a bag with your name, number and amount collected and place them in the designated drop box at one of the following locations: 9 Walker Drive, 7 Hekel Rd (basement), 100 Stratford Place or 6 Galassi Court (Jackson). (Please do not knock or ring the bells at these locations.)



SKY ZONE



ARVENTURE PARK

AN EPIC EVENT FOR R4R RIDERS AND THEIR FAMILIES

RAR BIGEATHON 2022 EVENT



NEW BIKING ROUTE WITH POLICE ESCORT



ICES & REFRESHMENTS



SPECTACULAR SHOW & MOONWALK



SUPPER FOR RIDERS & FAMILIES





HATZALOH, POLICE & CHAVEIRIM ON-SITE



ALL RIDERS MUST WEAR HELMETS



BIKE REPAIR SPECIALIST ON-SITE TO ASSIST BIKERS

> Note: All refreshments & supper at the event are provided free of charge while supplies last. Parents and siblings of riders are invited to attend (girls up to age 10). E-bikes, scooters etc. will not be allowed on the track.





SUNDAY, JUNE 26TH

BLUECLAWS STADIUM PARKING LOT 2 STADIUM WAY / LAKEWOOD, NJ

R4R FAQ'S

WHAT DOES THE REGESH NETWORK DO?

It provides a helpline for kids, teenagers and young adults (and parents) who are dealing with difficult life challenges.

HOW DO I REGISTER TO JOIN THE BIKEATHON?

It's easy, just call 1.833.R4R.BIKE and press 1 or have a parent go to ride4regesh.com and register for you.

HOW MUCH MONEY DO I NEED TO RAISE?

You need to raise at least \$75 to join the R4R Bikeathon.

DO I NEED TO JOIN A TEAM?

No. You can join as an individual.

WHAT DOES A TEAM GET?

Any team that raises over \$2000 will be invited to join the R4R URBAN AIR NIGHT after the summer. (Call the hotline after the summer to hear the exact date and time).

WHAT DOES A CAPTAIN GET?

A captain whose team raises \$2000 will be honored at the event with a trophy.

WHAT DOES THE TEAM THAT RAISED THE MOST MONEY GET?

An awesome poolside BBQ, plus each team member will be honored at the event with an R4R trophy!

HOW DO I RAISE MONEY?

Call the hotline and press 3 for good tips on how to raise a lot of money.

WHEN IS THE DEADLINE FOR RAISING MONEY?

1:00 pm on the day of the event - June 26th

HOW DOES SOMEONE PUT MONEY IN MY ACCOUNT WITHOUT GOING ONLINE?

They should call the hotline 1.833.R4R.BIKE and press 0.

CAN I BRING CASH OR CHECKS TO THE EVENT?

We strongly recommend that cash & checks be brought in by 3:30 pm on Friday, June 24th. Otherwise you may have to wait on a long line for registration and prize distribution.

WHO SHOULD CHECKS BE MADE OUT TO?

The Regesh Network

WHERE CAN I DROP OFF CASH AND CHECKS TO BE CREDITED TO MY ACCOUNT?

In the designated drop-boxes at 9 Walker Road, 100 Stratford (Coventry), 7 Hekel Road (basement) or 6 Galassi Court in Jackson. Be sure to put your name, number and amount so we can update your totals!

HOW DO I GET MY PRIZE?

Fill out the form attached to this booklet and bring it with you to the event.

IF I CAN'T ATTEND THE EVENT WILL I STILL BE ABLE TO RECEIVE MY PRIZE?

Sure! If you will not be attending the event, fill out the form attached in the prize booklet and mail it to 7 Hekel Road, Lakewood, NJ 08701 and your prize will be delivered to you by September 1st.

HOW DO I CHECK HOW MUCH MONEY I HAVE IN MY ACCOUNT?

Call the hotline, press 0, then press 2, and it will ask you to enter the "raiser's extension" (the first 3 letters of your first or last name) and it will tell you how much you raised.

CAN I WIN FREE EPIC PRIZES?

Yes! Win EPIC prizes by calling the hotline and pressing 2 to join our weekly contests!

HOW DO I GET ENTERED IN THE RAFFLE FOR THE 2-MINUTE SHOPPING SPREE AT TOYS4U?

Collect a minimum of \$180 and be automatically entered into the raffle. The drawing will take place live at the event.

FAQ'S FOR 7TH & 8TH GRADERS:

HOW DO I JOIN THE SKYZONE TRIP FOLLOWING THE EVENT?

If you are in 7th or 8th grade and raised a minimum of \$475

HOW WILL 7TH AND 8TH GRADERS WHO RAISED \$475 GET TO AND FROM SKYZONE?

They will ride in class in the exclusive R4R Trolley.

HOW DO I GET A VIP RIDE HOME IN THE R4R TROLLEY?

Raise a minimum \$1,000 and get a VIP ride home from Skyzone in the exclusive R4R Trolley!

WILL MY BIKE BE WATCHED DURING SKYZONE?

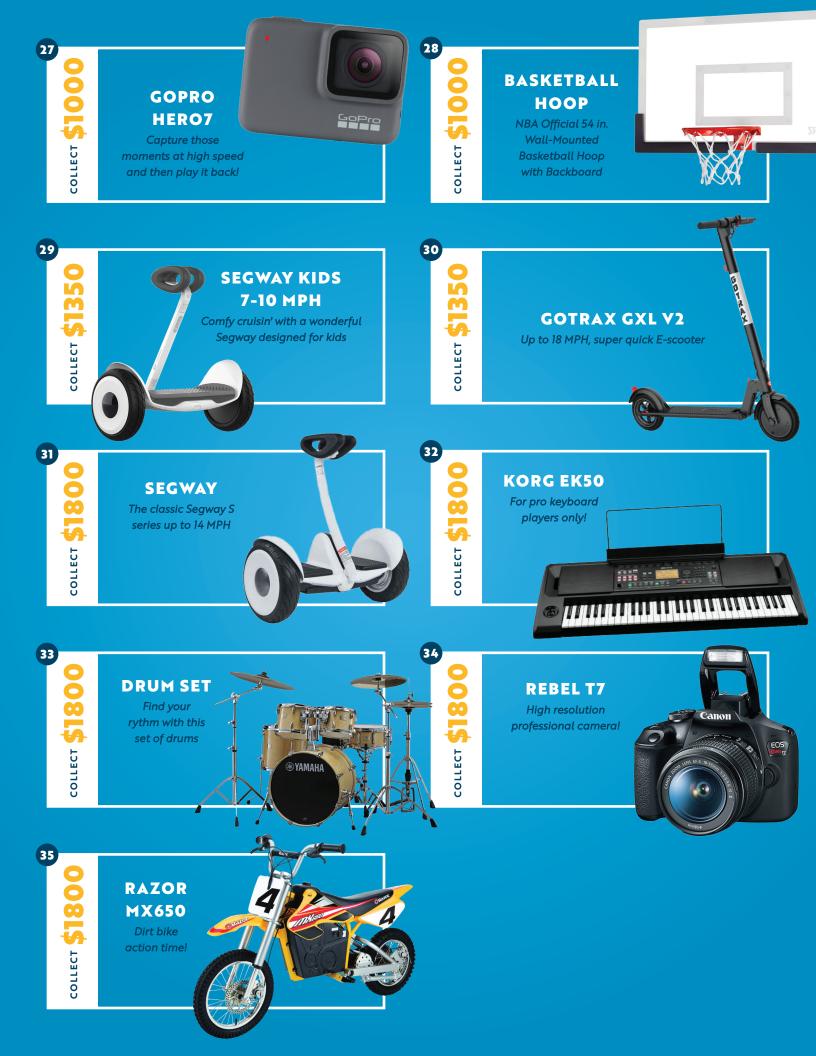
Yes. Park in the designated area and it will be watched over until the return from Skyzone.

GET THESE AWESOME **BONUS PRIZES** IN ADDITION TO THE PRIZES YOU CHOOSE!









Name Phone Address Team Name (If applicable) Total Amount Collected \$ Total Amount in Prizes Chosen \$ Check the box of the prize(s) you are choosing below:



Fill out this form and bring it with you to the R4R Bikeathon to claim your prize. If you will not be attending the event, mail this form to 7 Hekel Road, Lakewood, NJ 08701 and your prize will be delivered to your house.

R4R BIKEATHON SCHEDULE:

5:00 PM Sign in

5:45 PM Bike Ride

FOLLOWED BY Prize Distribution & Hot food

6:50 PM Show

8:00 PM pick up

FOR SKYZONE PARTICIPANTS:

8:10 PM Bus leaving to SkyZone9:45 PM Pick up from 2 Stadium Way



WE THANK OUR CORPORATE SPONSORS





